

## Background

I'm writing to request permission to run small outdoor fitness "bootcamp" sessions on the field/park at Covingham Park, mainly on the grassy area in the far corner where the trees separate the park from the school - next to the basketball concrete area.

## What I'm proposing

- **Activity:** Group fitness bootcamp (bodyweight + light equipment, no vehicles or structures)
- **When:** Saturdays at around 09:00 and Sundays at around 10:00 (1 hour per session)
- **Group size:** Up to but no more than 15 participants per session (British Army standard for student to instructor ratio to conduct sessions safely)
- **Location use:** Mainly the grass area and/or the hardstanding/basketball court area, rotating stations to avoid wear
- **How I'll keep it safe and considerate**
- I'll keep music **low or not use amplified music at all** (happy to follow any council preference)
- I'll manage noise and language, and ensure we're respectful to other park users at all times
- Sessions will be planned to avoid damaging the ground (no dragging equipment, no digging/marking)
- I'll take all rubbish away and leave the area as found
- I'll hold **public liability insurance** and can provide proof if required (**currently held**)
- I'll complete any risk assessment / documentation you need, and I'm happy to comply with any conditions you set
- If permission is granted, could you please confirm:
  1. whether there are any **licence/permit** requirements or forms to complete,
  2. any **restrictions** you need me to follow (group size, times, equipment, music), and
  3. whether there is any **fee** associated with using the space.
- I'm very keen to run these sessions in a way that benefits the community and causes no disruption, so I'm happy to discuss this and adjust anything needed.
- I've attached a photo with the area that I would like to run the bootcamp in. I do not need the whole area, the area circled in red is broken down into 3 parts;
- the grass next to the trees which is then separated by

- the basketball court area
- a small grassy patch surrounded by mounds

I would cone off any area to be used with colour coded cones.

I can work with all 3 or even one of these areas depending on if there is anyone using them at the time of setup.

- Thank you very much for considering my proposal. I understand there is a meeting to be held on the 5th of January, and I would like to attend. to meet the local councillors and present my proposal in person.
- Please don't hesitate to ask me any questions in advance, and if you need me to prepare anything for the meeting.

